ABSTRACT OF THE DISCLOSURE

A chair with a reclining system that allows the back and seat to recline at different angles. The chair is provided with a first member, a second member, and a third member. The first member is pivotally attached to the second member and the third member, while the second member and the third member are pivotally and slidably attached together. The second member comprises an axle, which extends across the width of the third member, that is installed into open slots in the third member, thereby providing the pivotal and slidable connection. Assist springs and a height adjustment system is also provided.